



Malnutrition Quality Improvement Initiative Patient Letter

Date

Patient Representative
Role in the Organization
Contact Information

RE: A New Opportunity to Improve Quality Care for All Patients

Dear [INSERT NAME],

The impact of malnutrition on patient complications and health outcomes is significant. Malnutrition among hospitalized patients has been shown to result in longer and more frequent hospital stays, impaired functionality or quality of life, higher infection rates, and increased morbidity and mortality. Patient engagement has been demonstrated to help improve outcomes and reduce the cost of medical care. However, historically patients have rarely been involved in their malnutrition care to help make sure that it meets their needs and reflects their preferences to support a faster recovery. We would like to do something about this, which is why we are seeking you (the patient) and your family members' attention on this important topic.

Here at <Insert hospital name> we are committed to improving our patients' experience and health outcomes by enhancing our care for malnourished individuals. To do this, we are launching the Malnutrition Quality Improvement Initiative (MQii). This initiative aims to engage our entire care team — including physicians, nurses, dietitians, and patients and their families — to close the current gaps in clinical care that contribute to high rates of malnutrition among hospitalized older adults (those aged 65 years and older).

Patients and their families can become part of the MQii to help us build a culture where nutrition is a priority to improve your care and hospital experience. It is our hope that, by making you aware of this initiative, you will get involved in the effort and help us improve our approach. We rely on you and your family members to tell us what we're doing right and what we can do better to address the problem of malnutrition among patients.

As we work to close the gaps in our hospital's malnutrition workflow, and more consistently address nutrition in our patient care plans, we invite you and your family members to collaborate with our care teams to develop and help implement the needed changes. Further information and next steps are provided on the attached page. Thank you for your consideration to support implementation of a malnutrition-focused quality improvement initiative.

Sincerely,
[YOUR NAME]
Role / Position
Contact Information